



# LUNCH MENU

12noon-3pm (2PM ON SUNDAYS)

## QUICHE OF THE DAY & SALAD - £10.95

VEGETARIAN QUICHE OF THE DAY SERVED WITH NEW POTATOS & A FRESH DRESSED SIDE SALAD V

## THE BARN NOURISH BOWL - £10.95

HARRISA CHICKPEAS, AVOCADO, LEMON INFUSED COUS COUS, SHREDDED PICKLED CABBAGE, MUSHROOMS & EDAMAME BEANS SERVED WITH A SOY SAUCE VA VEA

ADD HALLOUMI £3.50

ADD CHICKEN £4.00

## LAMB KOFTA - £11.95

SPICED LAMB KOFTA, TZATZIKI, SERVED WITH GREEK FLATBREAD & SALAD

## THAI STYLE FISHCAKES - £11.95

THAI FISHCAKES SERVED WITH SWEET CHILLI SAUCE, WEDGE OF LEMON & SALAD

## CARIBBEAN CHICKEN SALAD - £10.95

CHARRED CHICKEN BREAST, SERVED WITH TRADITIONAL CARRIBEAN SALAD, BLACK BEAN & MANGO DRESSING

GFA

## THE BARN BREAKFAST - £10.50

PERFECT FOR SMALLER APPETITES. 1 LOCAL SAUSAGE, 1 RASHER OF BACK BACON, 1 FRIED FREE-RANGE HENS EGG, GRILLED TOMATO, BAKED BEANS, 1 HASH BROWN, COOKED MUSHROOMS & TOASTED SOURDOUGH.

VEA GFA DFA

## PLOUGHMANS FOR 1 OR 2 PEOPLE - £15/£27.50

3 BRITISH CHEESES SERVED WITH A SAUSAGE ROLL, HOMEMADE COLESLAW, BEDFORDSHIRE, DRIVERS PICKLES, SALAD & SOURDOUGH.

## MEZZE BOARD FOR 2 - £30

FOCACCIA, FLATBREAD, WHIPPED FETA, HUMMUS, COUS COUS, LAMB KOFTA, TZATZIKI, CHARRED CHICKEN, STUFFED PEPPERS, ON THE VINE TOMATO & MEDITERRANEAN SALAD.

## MEXICAN BEAN CHILLI NACHOS FOR 2 - £20

3 BEAN CHILLI, NACHOS, SERVED WITH SOUR CREAM, BLACK BOMBER CHEDDAR, TOMATO SALSA & JALAPENOS V VEA GFA

## TOASTED SANDWICHES

CHOOSE FROM SUN-DRIED TOMATO FOCACCIA OR SOURDOUGH ALL SANDWICHES SERVED WITH A SIDE SALAD

BEDFORDSHIRE HAM & BLACK BOMBER CHEESE £9.95 GFA

BLACK BOMBER CHEESE & STICKY PICKLE £8.95 V GFA

RUBEN SALT BEEF, MELTED GRUYERE CHEESE, MUSTARD MAYO, GUERKIN. LOCAL SAUERKRAUT £11.25 GFA

TUNA MELT, MELTED GRUYERE CHEESE & RED ONION £10.25 GFA

POSH FISH FINGER SANDWICH, BATTERED COD FILLET, TARTARE SAUCE, LETTUCE £11.95

## SUN-DRIED TOMATO FOCACCIA SANDWICHES SERVED COLD

ALL SANDWICHES SERVED WITH A SIDE SALAD

THE CAPRESE - VINE TOMATO, MOZZERELLA, BASIL PESTO £8.95 V GFA

CHICKEN, AVOCADO & BACON £10.25 GFA

TUNA MAYONAISE £8.95 GFA

**FOR TODAYS SPECIALS PLEASE SEE SPECIALS BOARD**

V - VEGETARIAN

VEA - VEGAN AVAILABLE

GFA - GLUTEN FREE AVAILABLE

OUR SALAD DRESSING CONTAINS MUSTARD

IF YOU HAVE AN ALLERGY OR INTOLORANCE PLEASE STATE WHEN ORDERING & A MEMBER OF STAFF WILL ASSIST YOU WITH OUR ALLERGN CHART